

Paradise Horsemen's Association

P A R A D I S E H O R S E M E N A S S O C . C O M

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P R E S I D E N T ' S M E S S A G E

Greetings all,

As we have the year slowly come to an end, we need to set our sights to the future. The great weather for riding is turning wet and cold. Get out those blankets and prepare those hoses and pipes for the cold. As we do this, know that the future holds more great riding next year!

It was sad to hear the passing of a few members of our club this month. First I was told about Cathy

Hodges. I was told that Cathy helped out quite a bit in the earlier days with the club. I know that a few members of PHA went and offered condolences to the family.



Most recently, the Langley's pass-

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Golden West Stables
Boarding ♦ Training ♦ Lessons



- Large Stalls with Rubber Mats
- Indoor Plumbing
- Trailer Parking
- Arena and Round Pen

877-2431

Old Farmer's Advice

"The biggest troublemaker you'll probably ever have to deal with, watches you from the mirror every mornin'."

Reminder to all Members!!

Come out to the next meeting to be held at the home of Allan and Janine MacDonald on December 9th, 2010. Meeting will start at 6:00pm with PHA Christmas party to start promptly at 6:30pm. We truly hope to see you there!!

THANKSGIVING 2010

HEART TO HAND

HEART TO HAND is an organization serving our community by fulfilling the gap not met by other agencies.

Your help is needed in order for HEART TO HAND to help disadvantaged individuals and families for the Thanksgiving holiday.

FOOD ITEMS NEEDED

Stuffing Mix	Foil Roasting Pan
Potatoes	Aluminum Foil
Canned Veggies	Pie Crust Mix
Yams	Store Gift Cards for
Pumpkin	Turkeys and Fresh Produce
Canned Milk	
Rolls	
Turkey Gravy	
Cranberry Sauce	



DROP OFF AT

Comeback Diner 6053 Clark Road	Hal's Honey Run Auto 7406 Skyway
Wilson Printing & Signs 816 Elliott Road	or call HEART TO HAND 877-9446

NEWSLETTER REMINDER

Newsletter submissions are due into Stacy Mullins by the general meeting on the second Thursday each month. Submissions may be about a ride you have been on, something you have done with PHA, equine related topic, or about an upcoming club event.

Submissions may be sent to:
rockinmranch@clearwire.net or 1657 Wee Dell Lane, Paradise, CA 95969

Home Needed

I have a nice 4 year old purebred quarter gelding that needs more riding than I can give him. He is good on the trail, rides in the trailer very well, but needs some arena work. He would be suitable for anyone who knows how to ride but not a beginner. I would like to find someone who has a middle aged horse that is good on the trail and most anyone could ride that might be interested in a trade.

If this sounds like something that would work for you, please email me or call me at 530-873-4538.

Thank you, Blanche.

The Making of a Great Trail Dog

Dogs are natural pack animals, and you are their leader. If you want to train your dog to be a great trail dog, you have to lead the way in a gentle and **confident** way. Even the shyest dog will bravely follow your lead if you are relaxed and in control. Getting a dog used to horses and going on the trail will require him knowing the basic commands, and since you're higher up, you want a dog that is already obedient and thinks of you as the leader. Here are some ideas for making your dog a reliable trail dog.

Instructions

- Bring him to the barn on a leash and have him meet all the horses. Get the dog used to seeing how they move, as well as their smell. Bring lots of treats for the dog, so that he begins to associate the barn and horses with yummy treats.
- Lead your horse out on a walk on a lead rope while you hold your dog on the leash. If he barks or acts nutty, place him in a "sit" until he calms down. Reward with a treat.
- Once your dog is walking calmly, and you're in an open area, let the dog off the leash and let him follow you and the horse. Make sure you know your horse well, if she's calm enough to tolerate a dog acting silly for a few minutes.
- Once the dog is used to going on hand-held walks with the horse, and stays with you (or responds reliably to "come") on and off the leash, try saddling up and going for a ride. The first time out, keep your dog on a leash to get him used to walking alongside you. Hold the

Your Help Is Needed!

- Purchase specific items requested by a child
- Support Heart to Hand with a financial donation



HEART TO HAND

HEART TO HAND is an organization serving our community by fulfilling the gap not met by other agencies.

Your help is needed in order for HEART TO HAND to help disadvantaged children enjoy a special Christmas.

Call
HEART TO HAND
877-9446

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PARADISE HORSEMEN'S ASSOCIATION 2011 SCHEDULE OF EVENTS

Over the past several months several Board members have been working on coming up with a schedule of events based on the input at our August general meeting. This schedule is not only for our arena, but our club as well. In light of recent events concerning the use of the arena by District 49, our schedule will be flexible or in a working state as we finalize some other venues. In working with the arena schedule, we have included several dates of the ever so popular Ranch Hand Course to include an open type of show for non-members to participate in, since it was popular this year.

You will also notice several dates set aside for club trail rides. Locations have not been finalized. In order for these to come about, we are still looking at putting together a Trail Committee of a few members willing to make the necessary arrangements on the location and

PREPARING YOUR HORSE FOR WINTER

Preparing your horse for winter should be started prior to the impending rain or snow. Of course your horse has been preparing itself for winter all summer long. His coat is now beginning to fill in and you may have noticed that your once sleek steed is now showing the fuzzy characteristics of extra hair. It grows the longer coat to insulate it's body in the colder temperatures and needs the ability to "fluff" it's hair up in order to create a heat barrier to keep the body warmth near the horses skin where it is needed. Allowing your horse to grow its winter coat and making dietary changes such as adding salt to its feed will only help maintain your horses health this winter. By adding salt to a feeding or keeping a salt block available, you will encourage him to drink, therefore preventing any dehydration that can lead to colic.

Sometimes, we as humans tend to put our own emotions and feelings onto our horses and more often than not this can cause more dam-

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time. This Committee will take some of the burden off of those who are already spread thin in doing so many great things for the club.

In our schedule we tried to have at least a "Play Day" a month while the weather was good. These "Play Days" will be a time to get together and have fun. Activities will be based on input from the members of the club. The more input the better these "Play Days" will be.

Lastly, I would like to talk about is what you do not see in the schedule. Due to the availability of dates in our schedule, we are looking for other input as to what you as members want to have at the arena. This may be from having other clinics at our arena to holding a schooling show. We are currently looking at holding clinics with Mike Grider and Steve Roche in the upcoming year as well as holding shows for Desperado Riding Club and the Red Buff Riding Club to assist them in holding a series show at various arenas in the area. We are also looking at holding a 4H horse show at our arena to prepare the area youth for showing at the local fairs and at state level.

Any other suggestions in not only the use of our wonderful arena, but for the club itself are welcome. Please feel free to contact your Board with the suggestions.

Christmas Party

The MacDonald family has opened their home up to PHA for the holidays by hosting a Christmas party. This will take place on December 9th at 5772 Acorn Ridge in Paradise starting at 6:00 with a short general meeting. PHA will be providing the meat for this meal, everyone else is asked to provide a potluck side dish. This is a BYOB Bring your own beverage. So bust out those holiday favorite dishes to share for good times. Hope to see you all there.

"The best sermons are lived, not
preached."

Old Farmer's Advice

PRESIDENT'S MESSAGE

Cont. from Pg 1

ing in an accident this past weekend was not only a shock to PHA, but to the horse community as well. I personally offered the family condolences on behalf of the club and offered them any help they may need at a time like this. The family have set a memorial service for Monday the 22nd at Billie Park from 1pm-4pm. I have tried to get the word out so that those who want can attend to show support.

As a club, we have two more scheduled items left before the end of the year. The next item on our schedule is the Tree Lighting Ceremony for the Town of Paradise in which we normally provide some wonderful entertainment by caroling on horseback to the members of the community. This event is December 4th.

Next, is our last meeting of the year. This year the MacDonald's have invited us to their place to a potluck dinner. This should be loads of fun.

Lastly, it is with a sadden heart that I must inform the membership that California Gymkhana Association, District 49 will not be utilizing our arena for their 2011 show season as they are seeking an arena elsewhere.

If you would like to contact me personally, feel free to do so at:

rockingranch@clearwire.net

Until that time,
Russ Mullins
President

2011 ELECTIONS

We are looking for nominations for four upcoming Board positions in which some of our Board had served their term. Stacy Mullins has served her term as the Senior Advisor and Ashley Mullins served hers as the Junior PHA President. Russ Mullins has served a year as Vice President and stepped up and finished out the last year as President. Mike Caldwell was appointed as Vice President the last year to complete our Board when Russ stepped up as President. Nominations are open to any member in good standings. These positions are for a two year term of office each.

Nominations may be made in writing, by email to the club President or Vice President, or by the next general meeting on December 9th. Voting for the Board will take place at the January general meeting.

Trail Dog

Cont. from Pg 2

leash loosely while riding, so if anything unexpected happens with your horse, you can release the leash and your dog can move away without getting hurt by the horse.

5. If your dog did well on the first leashed ride, let her come along again on your next ride. Leash her only for the first few minutes, and then unsnap her leash so she can follow along. If she gets too far ahead, call her back and reward her by tossing down a treat. You now have a great trail dog!

Also make sure that Dogs are allowed on the trail were you planning to ride. We love our dogs and horses but not everyone shares that same sentiment on the trail. Remember always pick up after your dog, you would not like if some hiker left his business on the trail.

"Live a good and honorable life, then when you get older and think back, you'll enjoy it a second time."

Old Farmer's Advice

Paradise 7 Cinema

6701 Clark Road at Wagstaff in Paradise

Showtimes 872-7800

Customer Service 872-1499

www.paradisecinema.com

"The Best View is on the Ridge at Paradise Cinema 7"

Preparing your horse for winter

Cont. from Pg 3

age than good. Your horse is part of a centuries old animal that has learned to adapt and change as needed throughout the years. When we see our horses out in the wind and rain with their heads held low we of course worry. But there next to our completely soaking wet companion is the open stall or barn, filled with stall mats and shavings and completely dry. We then buy them beautiful winter blankets and in some cases they are necessary, but by blanketing a horse you flatten the hair follicles that are needed to keep it's body temperature warm when the thermometer goes down. Unless your horse is shivering or showing outward signs of true hypothermia, it's best to leave them to their own devices but you must always offer shelter, continuous fresh clean water, and enough food for the horses weight and training schedule. Training schedules may also be decreased during the wetter months, but your horse should still have access to open areas to move freely in order to keep its entire body system working. Circulation helps not only the muscles, but also the hooves, digestive tract and your horses state of mind.

Preparing your pasture or barn will be necessary as well. Horses need a clean, dry area to retreat to when the weather becomes too much, as well as a place to eat that is sheltered from the rain or snow. Areas that become muddy or flooded will pose other risks such as falling, pulled shoes, pulled muscles, etc. that can lead to much bigger injuries and vet bills. Daily inspections of your horse and it's barn or pasture area are the best measures you can take to ensure a healthy and happy horse this winter.

Newsletter info

The newsletter is now offering ads. The cost for a business size ad is \$15.00, 1/4 page is \$25.00, and \$45.00 for a half page. PHA members will receive a 50% discount for their ads placed in the newsletter. Monies raised from the selling of ads will offset the cost of printing and postage.



Allan MacDonald

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Paradise, CA 95969
vetmobile2@yahoo.com





Paradise Horsemen's Association

P.O. Box 672
Paradise CA 95969

SCHEDULE OF EVENTS FOR 2011

January 2011

13th PHA General Meeting

February 2011

10th PHA General Meeting

March 2011

10th PHA General Meeting

April 2011

9th Horse Clinic with Jeff Crawford

14th PHA General Meeting

23rd Gold Nugget Parade **

24th Annual Horse Festival

30th PHA Ranch Hand Course *

May 2011

8th Mother's Day Ride (Place to be determined) **

12th PHA General Meeting

21st Trail Ride (Place to be determined) **

28th Reining Clinic with Regina Terry

June 2011

4th Ranch Hand Trail Course *

9th PHA General Meeting

16th PHA Play Day *

18th California State Horsemen's Association Gymkhana Show

19th Father's Day Ride Doon Grade Ranch **

25th Trail Ride with Chico Equestrian Association**

July 2011

7th PHA Play Day Horse Soccer *

14th PHA General Meeting

16th Horse Soccer with Chico Equestrian Association

23rd Ranch Hand Trail Course *

August 2011

6th Ranch Hand Trail Course *

11th PHA General Meeting

13th Open Ranch Hand Trail Course

25th PHA Play Day *

27th Poker Ride Meadowbrook Ranch **

September 2011

5th Labor Day Ride

8th PHA General Meeting

15th PHA Play Day *

17th Horse Clinic with Jeff Crawford

October 2011

1st Junior PHA Campout *

2nd Junior PHA Campout *

13th PHA General Meeting

29th Halloween Play Day

November 2011

10th PHA General Meeting

19th Trail Ride Upper Bidwell **

December 2011

3rd Town of Paradise Tree Lighting **

8th PHA General Meeting

* PHA Members Only

** Events not at the Paradise Horse Arena

(All events subject to change)